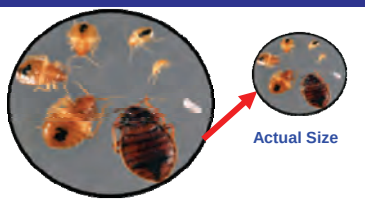
# TRAVELERS
## Beware of Bed Bugs!




### Bed Bug Identification

- Eggs are tiny, white, and glued to surfaces.
- Nymphs are light colored, from 1/16".
- Adults are rusty red, apple seed sized, 1/4 to 3/8".
- Six legs, oval, flattened from top to bottom.
- They do not jump or fly, but are good runners and hitchhikers.
- They tend to congregate together.

### Signs of Bed Bugs

- Small black droppings, blood stains, or shed skins on the bottom bed sheet.
- Red, itchy rash from bites.

EPA United States Environmental Protection Agency
735-F-11-009

**For information on bed bugs and Integrated Pest Management (IPM) go to: http://www.epa.gov/bedbugs**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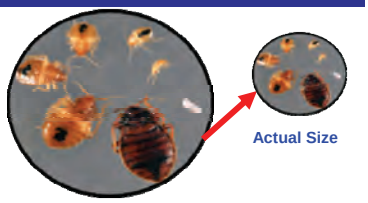


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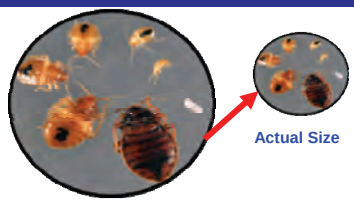


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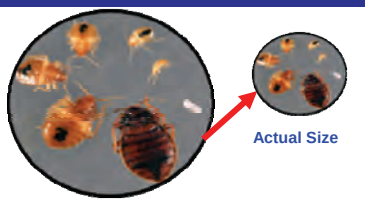


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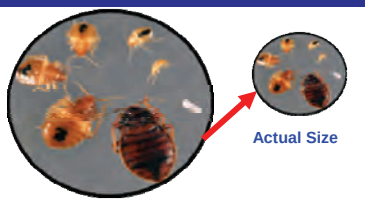


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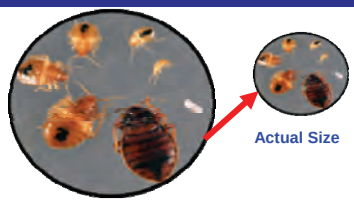


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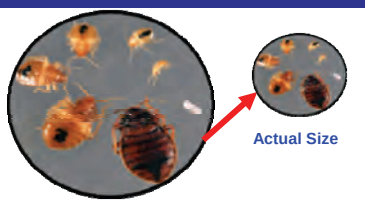


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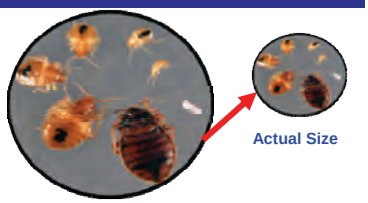


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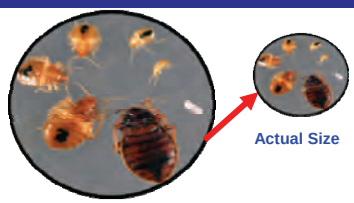


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## Check for Bed Bugs Everywhere You Stay

**Avoid Traveler Anxiety.**
**Be Prepared.**

- Leave luggage in the car or room bath tub.
- Inspect back of headboard, mattress seams, box spring, bed frame and upholstered furniture with flashlight and magnifier.
- Inspect luggage racks prior to use.
- Always Keep bags closed and zipped.
- When packing or unpacking, never lay luggage, backpacks or clothes on bed or on the floor.
- Do not store clothes in dresser.
- Inspect cracks and crevices around bed stand.
- If you spot a bed bug tell hotel staff immediately.

**Don't Take Bed Bugs Home....**

- Transport all items in sealed plastic bags until able to wash or treat.
- Unpack clothes directly into a washing machine.
- Wash and dry all clothing at hottest setting.


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