

CHPAC Fish Advisory Letter to EPA:

Appendix 1

Research Addressing Fish Advisory Information Dissemination

Background

Many states use EPA guidance to develop green, yellow, and red lists of fish, based on how much mercury they contain on average. Fish on the green list can be eaten 2-3 servings per week; fish on the yellow list can be eaten 1 serving per week; and the red list should be avoided by women of reproductive age and children. Figures 1 and 2, below, are two examples of guidance developed by the Michigan Department of Community Health and the State of Washington.



Figure 1. Michigan Department of Community Health “Buy Safe Fish” Guide
http://www.michigan.gov/documents/mdch/2011-05-26_-_MERCURY_ADVISORY_FLYER_STORE-BOUGHT_FISH__RESTAURANT_WEB_354266_7.pdf



Figure 2. Washington State Healthy Fish Guide
http://here.doh.wa.gov/materials/healthy-fish-guide/24_FishGuide_E13L.pdf

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Additional Resources

Other state and local government agencies that have developed tiered guidance for the public regarding fish consumption include:

- California Department of Public, Health Environmental Health Investigations Branch:
http://www.ehib.org/topics/CAPhysAdvisoryChart_10_15_13.pdf
- California Environmental Protection Agency, Office of Environmental Health Hazard Assessment: http://www.oehha.ca.gov/fish/pdf/2011CommFishGuide_color.pdf
- City of New York:
http://www.nyc.gov/html/doh/downloads/pdf/edp/mercury_brochure.pdf
- Maine Center for Disease Control and Prevention:
<http://www.maine.gov/dhhs/mecdc/environmental-health/eohp/fish/documents/meffguide.pdf>

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Research Addressing Post Natal Fish Consumption

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