

**Protect your family
from pesticides...**

It's easy!



Association of Farmworker
Opportunity Programs



**Wash fruits and
vegetables before
eating them.**



**Clean thoroughly the
places where pesticide
residues can be found.**



**Bathe with shampoo
and soap directly after
work.**



**Remove work boots
before entering the
house.**



**Wash your work clothes
separately from the
family's clothes.**



**Prevent insects from
entering your home by
sealing cracks and keeping
the house clean and dry.**



**Have the whole family
wash their hands before
eating, drinking, or
going to the bathroom.**



**Close windows, turn off
ventilators, and cover
outside equipment when
pesticides are being
sprayed near your house.**



**Keep all cleaning and
pesticide products
outside of children's
reach.**



**Do not bring agricultural
pesticides home.**

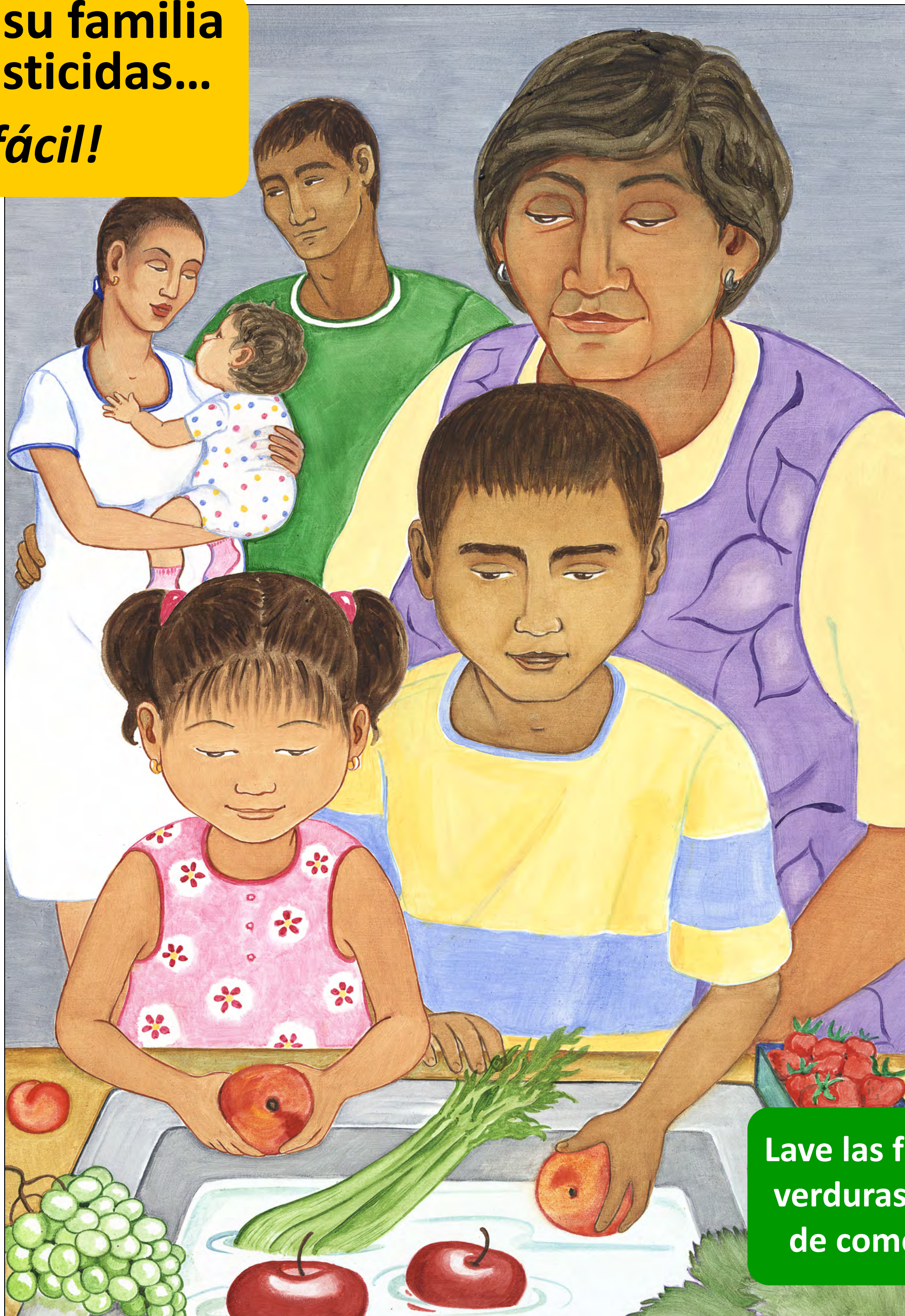


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Limiting Exposures Around Families

**Proteja a su familia de los pesticidas...
¡Es fácil!**



Lave las frutas y verduras antes de comerlas.



Limpie bien los lugares donde pueden entrar los residuos de pesticidas.



Báñese con champú y jabón directamente después de trabajar.



Quítese las botas antes de entrar a la casa.



Lave su ropa de trabajo separada de la ropa de su familia.



Prevenga la entrada de los insectos a su casa e utilice alternativas a los pesticidas.



Lávese las manos y las de toda la familia antes de comer, tomar refrescos, o ir al baño.



Cierre las ventanas y cubra el equipo de afuera cuando están rociando cerca de su casa.



Mantenga fuera del alcance de los niños todos los productos de limpieza y de pesticidas.



No traiga pesticidas agrícolas a su hogar.

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