PROTECTING CHILDREN'S ENVIRONMENTAL HEALTH IN THE U.S.-BORDER REGION SYMPOSIUM

PANEL ON CLIMATE CHANGE

Nancy Palate

Health Educator

California Department of Public Health

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Limitation of Liability:

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Nowwhat?

- Emphasize solutions & benefits
- Make these solutions relevant
- Suggest practical ideas

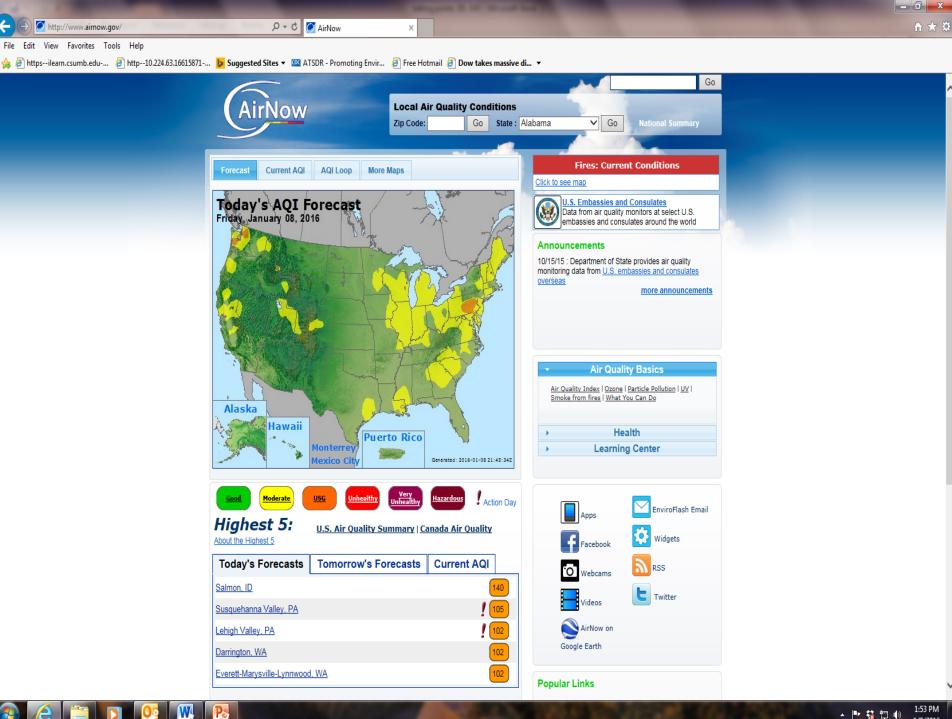


- Act now!
- Reduce energy consumption
- Buy local products
- Walk, choose public transportation or bicycling
- Eat less meat and animal products
- Share and recycle more
- Reduce the use of plastics
- Cook more
- Limit food waste and consider vegetable gardening
- Choose renewable energy.

Adaptation



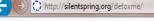
- Reduce extreme heat at home
- Reduce extreme heat in the community
- Keep everybody hydrated
- Dress kids appropriately
- Schedule outdoor activities wisely





- Monitor air quality
- Increase urbangreening
- Improve indoor air

















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Special Thanks to CDPH's Climate Change and Health Team

Nancy Palate
Health Educator
(510) 620-5845
nancy.palate@cdph.ca.gov