

the

# GRO Forum



Environmental Protection Agency Greater Research Opportunities Undergraduate Student Fellowships

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## where are they now? Catching up with GRO Alumni

### Eric Vanderboom

Eric Vanderboom remembers being interested in the environment from a young age. He recalls the fun of playing outdoors, but also “getting upset when I would find trash in the forest or bottles and cans in the creek or rivers.” By high school, he says, “I knew I wanted to work in the environmental field, and more importantly, that I wanted to clean up areas that were contaminated.” Through his undergraduate years, that interest remained strong, and now Eric is in training as an On-Scene Coordinator for EPA Region 1 in Boston, MA. His decision to apply for a job in Region 1 came out of his GRO summer internship.

Eric's internship was at EPA's Region 1 lab in North Chelmsford, MA, about an hour northwest of Boston. For 12 weeks he worked on the National Lakes Assessment (NLA) program under the guidance of Hilary Snook and Katrina Kipp, in conjunction with Hilary's work on the New England Lakes and Ponds (NELP) project. Eric also got the opportunity to assist with some other projects done in the Region 1 lab, such as environmental sampling at a Superfund site, which allowed him to learn more about the scope of the lab's activities.

The NLA is the first-ever baseline study of the condition of the Nation's lakes. It examined lake health by studying 1,110 randomly-selected lakes and ponds across the United States. The NELP project is a comprehensive assessment of the ecological and water quality condition of lakes and ponds across the New England region. The

two projects collaborated closely so that their data could be used interchangeably or combined for analysis. The opportunity to spend the summer conducting field sampling and habitat evaluations attracted Eric to this project. He had numerous responsibilities supporting the lake field work, including preparing equipment for the daily boat trips; starting up the GPS units used by the researchers to pinpoint pre-marked locations in the lakes; collecting samples for water chemistry, chlorophyll, microcystins (a type of toxin produced by bacteria), phytoplankton, and chloride from the deepest parts of the lakes; and taking sediment cores from lake and pond bottoms, sometimes from depths over 160 feet. Eric also assessed littoral and riparian habitats at ten pre-set locations around each body of water.

In addition to practical skills, such as water, sediment, and benthic sampling techniques, Eric learned about how the Lab supports Region 1 and what the researchers do there. He also got a better understanding of the relevance of EPA's environmental research. “I learned just how important it is to evaluate our natural resources and ecosystems from time to time to find out the status of their health and





## Eric Vanderboom ... continued

see how they change,” Eric said. “With studies like the NLA, done periodically, we can see how our bodies of water are doing, and also the ecosystems they support.”

Sometimes getting to the sampling sites was an adventure, such as one late-summer overnight trip to Jackman, ME. By this point, the team had been sampling lakes for a couple of months, and the members had become skilled and efficient at their specific tasks. So sampling one particular pond shouldn't be a problem, right? Armed with GPS and detailed topographical maps, they set out one morning for a particular pond . . . and ended up on a real chase. As Eric put it, “We ended up spending the first day driving around looking for a pond that we couldn't find.” At one point, they realized that they had ended up on a new logging road built a day or two before. As you'd expect, neither the GPS nor the maps could keep up with roads built that summer by the logging companies! The team also ventured down snowmobile tracks and twice found themselves right in the middle of a grassy field. Eventually, they resorted to the time-honored approach of stopping and asking for help. That didn't work either! They quickly learned that the pond's “official” name on the map might not be the same name that the local folks used. Did they ever find the



pond? Yes. They finally learned that there was only one direction to get to the pond ... and they'd been coming in from the wrong side!

While his internship taught Eric a lot about

interesting, find out who's doing it and go talk to them to learn more. Everybody I encountered at the lab was very helpful and knowledgeable and would take the time to explain things if I had questions.”

Networking – making and maintaining good contacts – is another key benefit of the GRO summer internship program, and Eric's story is a great example of its importance. Following his internship, he stayed in contact with his Project Advisor, Hilary Snook. When Eric realized how much he'd like to work for EPA, he talked with Hilary about entry level positions in Region 1, which led to his application for, and hiring as, an On-Scene Coordinator.

EPA's On-Scene Coordinators (OSC) are responsible for monitoring or directing responses to oil spills and hazardous substance releases reported to the Federal government. As an OSC, Eric will coordinate Federal efforts with, support, and provide information to, local, state and regional response communities. OSCs' duties fall into the areas of assessment, monitoring, response assistance, and evaluation. He has a lot of excitement in his future! OSCs in Region 1 provide “boots-on-the-ground” response to a wide range of emergencies, including train derailments, tanker truck roll-overs, and abandoned containers. They also contribute to time-critical cleanups of industrial and commercial sites, ranging from factories and foundries to dry cleaners.

## Summer 2010 GRO Internship Projects

### Diana Adebambo

Lean manufacturing /  
green hospitality studies  
Atlanta, GA

### Jillian Allen

Ocean and coastal protection  
studies  
Boston, MA

### Jarymar Arar

Border 2012 studies  
Dallas, TX

### Jennifer Arceo

Validation of continuous  
liquid-liquid extractors  
Golden, CO

### Kelsey Boyd

Detection of watershed  
improvement: geo-spatial  
evaluation of existing  
implementation projects  
Atlanta, GA

### Angel Casanova

Quantification of Enterococci  
and identification of fecal  
pollution sources in beaches  
of the Eastern region of  
Puerto Rico  
Athens, GA

### Rhiana Cok

Microbiological treatment of  
drinking water for arsenic and  
ammonia removal  
Cincinnati, OH

### Austin Cook-Lindsay

Green chemistry  
Washington, DC

### Kereen Griffith

Habitat alteration  
mitigation for a New  
England lake  
North Chelmsford, MA

### Amanda Hayes

Lean manufacturing / green  
hospitality studie  
Atlanta, GA

### Sannon Klotsko

Satellite products applied to  
development of water quality  
standards  
Gulf Breeze, FL

### Khilia Logan

Detection of watershed  
improvement: geo-spatial  
evaluation of existing  
implementation projects  
Atlanta, GA

### John Maravich

Green building/  
sustainability/performance  
tracking/ green business/  
environmental management  
systems  
Denver, CO

### Kate McPherson

Genetic adaptation of wild  
killifish populations to PCBs  
Narragansett, RI

### Elizabeth Medlock

Integrated toxicological  
approaches for assessing  
the ecological risks of  
pharmaceuticals in the  
environment  
Duluth, MN

### Nathan Nesbitt

Energy efficiency in the food  
processing industry  
Boston, MA

### Nikita Peperni

Helicopter monitoring  
program  
Edison, NJ

### Ellen Perkins

Responses of marine  
crustacean populations to  
human stressors in laboratory  
and field environments  
Narragansett, RI

### Jessica Pulliam

Technical support to  
Environmental Justice  
Showcase community pilot  
Boston, MA

### Alexander Ramsower

Ecological effects of herbicides  
Corvallis, OR

### Laura Senefeld

Cyanobacteria and  
stormwater monitoring in  
urban rivers  
North Chelmsford, MA

### Annette Sparks

Green building/sustainability/  
performance tracking/ green  
business/environmental  
management systems  
Denver, CO

### Casey Stephenson

Fish-habitat relationships  
in a Great Lakes coastal  
system  
Duluth, MN

### Matthew Tancos

Microbiological treatment of  
drinking water for arsenic and  
ammonia removal  
Cincinnati, OH

### Kristin Waller

Clean Air Markets Division  
studies  
Washington, DC

### Bernadette Wiggin

Sustainability and alternative  
energy as part of contaminated  
site restoration and beneficial  
reuse in the Pacific Northwest  
and Alaska  
Seattle, WA



Eric is currently “shadowing” more senior OSCs to prepare him for going on response duty; when he’s trained, he could be called to an emergency at any time. Even though he’s new to the OSC position, Eric already likes the adventure and opportunity to work outdoors in the field, and sees other satisfying parts in his job’s future. “One aspect of the OSC’s job is removal actions, or ‘quick cleanup,’” he explains. “Nothing makes you feel better than going out and cleaning up a site that is contaminated. The removal program has been a big success, and knowing that is real job satisfaction.”

Eric earned a B.S. in geosciences (geology) in 2008 from the University of Tulsa (TU), Tulsa, OK. TU was founded in 1894; it is a private institution with a current enrollment of about 4,200 students. In terms of environmental research, TU has access to a key resource. TU students and faculty in chemistry, chemical

engineering, geosciences and biological sciences can use the 37,000-acre Tallgrass Prairie Preserve as a living laboratory. The Preserve, managed by the Nature Conservancy, is an important refuge for American bison and preserves a prairie habitat that once covered much of the Midwest.

Eric’s still considering the possibility of graduate school some day, to study for a Master’s degree in geology, chemistry, or physics. He has a particular interest in arsenic in groundwater, a huge global-scale problem, especially in Bangladesh, where the level of arsenic in groundwater can be incredibly high. “I wrote two papers on this while at school and find the subject very interesting,” Eric relates. “Being a geologist, subsurface activities are always intriguing. What’s interesting about arsenic in the groundwater is that it is a naturally-occurring problem in most cases, not like a spill or release in which a company or individual is to blame.”

# Making the most of a GRO internship

Last year’s GRO Fellows learned a lot during their internships – not only the specifics of the project, but also the skills and attitudes that will help them in future careers. They also offered practical and wide-ranging advice to the new fellows.

One Fellow summed things up very well: “To get the most from your internship, expect the most” both of yourself and the experience. Others reminded new interns, “Don’t waste this unique opportunity!” and “The bottom line is: the success



situation by being prepared, positive,

innovative concepts and try to implement them.

Use your background knowledge to the internship to make an impact.

Make your project an original one.

Contribute to its design to make it “yours,” a

Last year’s Fellows also suggested taking the time to prepare and develop knowledge for your project.

- Build your background knowledge with supplemental research. Depending on your project, read standard operating procedures (SOPs),

consult knowledgeable individuals at your university or in the workplace, and refer to books

Work with your hosts to determine the most relevant

Be knowledgeable about your project – it will allow you to make helpful suggestions and



projects, and your own project – was another theme of their advice:

Great opportunity to meet more people in different environmental issues.

Are working on to get a full picture of

Available to you, such as other labs and

- Offer suggestions and comments to show your hosts that you’re interested in being a contributor to their efforts.
- Don’t take the easy way and settle with only the tasks that you’re assigned. Take the initiative – seek more to do and learn beyond what you’re asked to do.





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### **Making the most of a GRO internship ... continued**

The Fellows observed that communication was another key to a great experience.

- Meet as many people as possible.
- Foster relationships with people throughout your internship.
- Be open with your Mentor and Project Advisor. They want you to have the best possible experience. Share accomplishments and concerns with them to get their input and advice.
- Reach out to the CSS Project Manager with any questions or concerns.

Last year's Fellows also saw their internships as good opportunities to take some chances and experience new things.

- Step out of your comfort zone and try something new and challenging.
- Experience as much as possible by keeping an open mind to anything presented to you.
- Be flexible!

Having a great attitude and positive outlook contribute to great internship experiences.

- Show initiative by doing research and creative thinking on your own time, being a positive force in the workplace, and always maintaining useful communication.
- Be positive and outgoing! Your co-workers appreciate your fresh opinions and enthusiasm.
- Work hard, enjoy yourself, and meet new people!
- Show enthusiasm in everything you do, learn everything you can, and don't back away from challenges.
- If it's a busy day and your co-workers could use an extra pair of hands, don't hesitate to see if there's any way you can help.

And, of course, the Fellows remind new interns to enjoy themselves outside of work!

- Be sure to get out and experience the area, especially if it's new to you.
- Make new friends and try new things.
- Keep a camera handy. You never know what you'll see – you'll appreciate the memories in the future.

