Lead Awareness in Indian Country: Keeping our Children Healthy!

# APPENDIX B: RENOVATION, REPAIR AND PAINTING PROJECTS FOR DO-IT-YOURSELFERS

The Lead Renovation, Repair and Painting (RRP) Rule typically does not apply to homeowners renovating, repairing or painting their own homes, unless the home or a portion of the home is a rental or is used to provide child care services. Do-it-yourself projects can easily create dangerous lead dust. Protect your family and home – work safely, control the dust and clean up completely.

Follow these safeguards to prevent lead dust from spreading throughout your home and exposing your family to lead dust.

## **Work Safely**

- Remove all furniture, area rugs, curtains, food, clothing and other household items until cleanup is complete.
- Items that cannot be removed from the work area should be tightly wrapped with plastic sheeting and sealed with tape.
- Cover floors with plastic sheeting.
- If working on a larger job, construct an airlock at the entry to the work area.
  - The airlock consists of two sheets of thick plastic. One sheet is completely taped along all four edges.
  - The plastic sheet is then cut down the middle.
  - The second sheet is only taped along the top and acts as a flap covering the slit in the first sheet of plastic.
- Turn off forced-air heating and air conditioning systems. Cover vents with plastic sheeting and tape the sheeting in place.
- Close all windows in the work area.
- If disturbing paint, when using a hand tool, spray water on lead-painted surfaces to keep dust from spreading.

# **Get the Right Equipment**

- It is important to get the right equipment to protect you and your family from lead exposure.
- NIOSH-certified disposable respirator with a HEPA (High-Efficiency Particulate Air) filter (N-100, R-100, or P-100).
- HEPA filter-equipped vacuum cleaner. Regular household vacuums may release harmful lead particles into the air.
- Wet-sanding equipment (e.g., spray mister), wet/dry abrasive paper, and wet sanding sponges for "wet methods."
- Two buckets and all-purpose cleaner. Use one bucket for the cleaning solution and the other bucket for rinsing. Change the rinse water frequently and replace rags, sponges and mops often.
- Heavy-duty plastic sheeting and heavy-duty plastic bags.

- Tape. Use tape to completely seal the plastic sheeting in place (e.g., covering furniture and air vents to construct an airlock).
- Protective clothing. To keep lead dust from being tracked throughout your home, wear clothes such as coveralls, shoe covers, hats, goggles, face shields and gloves.

#### **Follow Good Work Practices**

Plan for and complete a home RRP project using lead-safe work practices as outlined in EPA's Steps to Lead Safe Renovation, Repair and Painting: October 2011 found at <a href="https://www.epa.gov/sites/production/files/2013-11/documents/steps">https://www.epa.gov/sites/production/files/2013-11/documents/steps</a> 0.pdf.

# Consider Hiring a Certified Lead Abatement Contractor or Inspector

Anytime you cut into surfaces painted with lead-based paint, even if the paint is covered by layers of newer paint, you risk creating hazardous lead dust. You can reduce the risk of lead exposure in your home by hiring a certified lead inspector to check to see if there is lead-based paint in your work area. If there is lead, then you may want to have a trained and certified lead abatement contractor remove the lead from the area before you begin the work. To locate contractors who perform lead abatement and inspection activities in your area, visit: <a href="https://cfpub.epa.gov/flpp/pub/index.cfm?do=main.firmSearchAbatement">https://cfpub.epa.gov/flpp/pub/index.cfm?do=main.firmSearchAbatement</a>.

## **Consider Hiring a Certified RRP Contractor**

If you have or think you may have lead-based paint in your home, it is best to hire a trained lead-safe certified RRP contractor. These contractors have been trained in special methods to minimize dust and clean up thoroughly to reduce the chance of lead contamination. To locate contractors who are lead-safe certified in your area, visit: <a href="https://cfpub.epa.gov/flpp/pub/index.cfm?do=main.firmSearch">https://cfpub.epa.gov/flpp/pub/index.cfm?do=main.firmSearch</a>.

Call the National Lead Information Center at 1-800-424-LEAD (5323) for more information.

122 Appendix B