

Kids grow and learn better in pollution-free schools



January 2021

EPA Region 10 Healthy Schools Team

Serving Alaska, Idaho, Oregon, Washington and Tribal Nations

Find past issues at: https://www.epa.gov/children/healthy-schools-news-pacific-northwest



Welcome to 2021. With a new year comes fresh beginnings. One step you can take is to revisit ways to protect the environmental health of the children in your care. This issue features a toolbox of select resources to help you do just that, whether learning is remote or in classroom. Thanks for being there for those young learners. We are here to help you. As we look to brighter days ahead, let the learning continue! Please share with others, and print and post.

YOUR HEALTHY SCHOOL TOOLBOX

ΤΟΡΙϹ	THE BASICS	LEARN MORE
Teaching Resources	EPA offers environmental education resources for kids, parents, and teachers. You will find online activities, curricula, storybooks, and more.	<u>https://www.epa.gov/students</u> Sally Hanft: 206-553-1207, <u>hanft.sally@epa.gov</u>
Indoor Air Quality	Healthy indoor air reduces absences, improves test scores, and enhances student and staff productivity. Also, good ventilation and filtration help reduce the spread of illness.	https://www.epa.gov/iaq-schools Gretchen Stewart: 206-553-0527, stewart.gretchen@epa.gov
Safer Cleaning	The <i>Safer Choice</i> label gives you an easy way to choose cleaning products with safer ingredients. The label shows that a product has met EPA's rigorous safety standards. <i>Safer</i> <i>Choice</i> products are better for the environment and people's health.	About Safer Choice: <u>https://www.epa.gov/saferchoice</u> Browse Safer Choice Products: <u>https://www.epa.gov/saferchoice/products</u> Kendra Tyler: 206-553-0041, <u>tyler.kendra@epa.gov</u>
COVID-19	Information to help schools and childcare programs to plan, prepare, and respond during the pandemic.	https://www.cdc.gov/coronavirus/2019-ncov/community/ schools-childcare/index.html
Lead in Drinking Water	At school: EPA's 3Ts Toolkit helps schools and childcares carry out voluntary lead in drinking water testing programs. The 3Ts are Training, Testing, and Taking Action.	https://www.epa.gov/ground-water-and-drinking- water/3ts-reducing-lead-drinking-water-toolkit Chris Affeldt: 206-553-6068, affeldt.chris@epa.gov





ТОРІС	THE BASICS	LEARN MORE
Wildfire Smoke	Wildfire smoke lowers air quality and presents health risks for students, parents, and staff. EPA offers you resources to plan, track conditions, and act to reduce health risk.	Toolbox: https://www.epa.gov/smoke-ready-toolbox-wildfires Track local air conditions: https://fire.airnow.gov/ Protect children: https://fire.airnow.gov/ Gretchen Stewart: 206-553-0527,stewart.gretchen@epa.gov
Radon	Radon is a radioactive gas that can cause lung cancer. High levels have been found in a number of homes and schools across the country. Find out if a potential problem could exist in your building.	https://www.epa.gov/radon/radon-schools Gretchen Stewart: 206-553-0527, stewart.gretchen@epa.gov
Food Waste	Learn how our food choices may impact the environment and how we can reduce food waste and save money.	https://www.epa.gov/sustainable-management-food Domenic Calabro 206-553-6640 Calabro.domenic@epa.gov
Lead Based Paint	The <i>Renovation, Repair, and & Painting (RRP) Rule</i> helps protect children from exposure to leadbased paint dust caused by renovation and repairs in buildings built before 1978.	https://www.epa.gov/lead/lead-renovation-repair-and- painting-program Maria Tartaglia: 206-553-1128, tartaglia.maria@epa.gov
Mold and Moisture Control	The key to mold control is moisture control. If mold is a problem in your school or home, clean up the mold, and eliminate sources of moisture. Mold can affect indoor air quality and health. Learn more.	https://www.epa.gov/mold Gretchen Stewart: 206-553-0527, stewart.gretchen@epa.gov

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Pests	Integrated pest management (IPM) uses safer and usually less costly options to address pest issues. Strategies focus on reducing sources of food, water, and shelter for pests.	<u>https://www.epa.gov/ipm</u> Bethany Plewe: 208-378-5753, <u>plewe.bethany@epa.gov</u>
Spanish Language Resources	Aprenda acerca de como establecer y mejorar los ambientes escolares sanos. View information about healthy schools in Spanish.	https://espanol.epa.gov/espanol/ambientes-escolares- sanos
Energy Conservation	EPA's <i>Energy Star</i> program helps you improve energy efficiency, reduce utility bills, and protect the environment – at home or at school.	https://www.energystar.gov/ Student Toolkit: https://www.energystar.gov/sites/ default/files/tools/K12EnergyEfficiencyStudentToolkit.pdf Kathleen Compton: 206-553-0290, compton.kathleen@epa.gov
Children's Environmental Health	Children are often more vulnerable to pollutants than adults. Reducing exposures helps keep children healthy.	https://www.epa.gov/children Bryan Fiedorczyk, 206-553-0506 fiedorczyk.bryan@epa.gov
Other Topics	Contact us. We can help point you in the right direction.	Andrea Lindsay, lindsay.andrea@epa.gov

Environmental Education Corner



Congratulations to EPA Region 10's 2020 President's Environmental Youth <u>Awardee</u> - Anna Devolld of Alaska! Anna's Promote Our Pollinators effort has inspired thousands of people to be good stewards of our natural resources. *EPA is now accepting applications for the 2021 President's Environmental Youth* <u>Awards</u>. PEYA recognizes outstanding environmental stewardship projects by K-12 youth. Due date: February 19, 2021.

It's time for Presidential Innovation <u>Awards</u> for Environmental Educators, too! This award honors outstanding K-12 educators who integrate environmental learning into curricula and school facility management. Apply by February 19, 2021.

Healthy School NEWS is published by the U.S. Environmental Protection Agency Region 10. Region 10 includes the states of Washington, Idaho, Alaska and Oregon and the tribes within those boundaries. For general information about school environmental health or to provide feedback on this newsletter, please contact Andrea Lindsay at <u>lindsay.andrea@epa.gov</u>. To be added to or removed from the distribution list, please email <u>lindsay.andrea@epa.gov</u> with your request. Contact Region 10's Public Environmental Resource Center, the education, publication and information gateway to EPA's Region 10 Office, for free publications and educational resources for your school. Call (800) 424-4EPA or email <u>epa-seattle@epa.gov</u>.

EPA Schools: www.epa.gov/schools

EPA Environmental Education: www.epa.gov/enviroed/ EPA Children's Environmental Health: www.epa.gov/children

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YOUR EPA CHILDREN'S HEALTH TEAM

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